



GO AWAY, I NEED YOU! Are You Dating A Borderline Narcissist?

David Surman

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Are You Dating A Borderline Narcissist?

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Borderline Personality Disorder (BPD) is a condition which affects 2% of the adult population and is predominantly typified by what the mental health community terms as emotional dysregulation that refers to an emotional response which is poorly modulated and does not fall within the conventionally accepted range of emotive response.

A relationship with someone suffering from BPD may justifiably be described as being like a rollercoaster ride of incredible highs and devastating lows punctuated by a “push-pull” dynamic that leaves the non-sufferer feeling confused and traumatised.

Go Away, I Need You! relates my own experience of such a relationship and sets out to help the reader gain an understanding of their own experience by offering a straightforward, detailed, no-holds-barred account, which will, I believe, aid a quicker recovery and hopefully enough information to ensure avoidance of such a relationship in the future.

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