



# Midlife Magic: Becoming the person you are inside

*Laura Lee Carter*

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What is a midlife crisis and why should you care? Perhaps because it can be one of the most crucial transitions of your entire life, and finally lead you to true fulfillment. This book will teach you the secret to positive midlife change. By revealing her own up-close and personal journey through midlife, Laura Lee shows you how to navigate new waters with increased self-respect and confidence, and come out the other end of your own transformation, loving yourself like never before! Laura Lee Carter is an international expert on midlife transformation. Please see her website and popular blog: [MidlifeCrisisQueen.com](http://MidlifeCrisisQueen.com) for more information.

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