



Shut Up: We All Have Issues!

Corey Deitz

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Shut Up: We All Have Issues! Corey Deitz

This book is one man's quest to rid himself of all his psychological demons by exorcising them with self-deprecating humor.

By day, Corey Deitz is a radio personality. By night, he's just another poor, neurotic slob curling up in a fetal position and sobbing like a little girl in the corner of a room. Deitz has issues and doesn't mind putting them on display in the hopes the reader will realize in comparison, he is not as bad off as he or she thought.

This book is a landmark in understanding the human mind and the author should be commended for allowing his pathetic fears, mental ticks, and social anxieties to be put on display like a piece of salmon at Sigmund Freud's favorite delicatessen.

Deitz's philosophy is clear: why pay hundreds of dollars to a shrink with a fancy business card when this book is dirt cheap. In a world full of pretentious psychiatrists and expensive couches, *Shut Up: We All Have Issues* is a fresh look at getting your head straight at futon prices.

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