



# **My New Gender Workbook: A Step-by-Step Guide to Achieving World Peace Through Gender Anarchy and Sex Positivity**

*Kate Bornstein*

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"This updated edition of Bornstein's formative *My Gender Workbook* (1997) provides an invigorating introduction to contemporary theory around gender, sexuality, and power. The original is a classic of modern transgender theory and literature and, alongside Bornstein's other work, has influenced an entire generation of trans writers and artists. This revised and expanded edition extends that legacy, offering an accessible foundation for examining gender in the reader's life and in the broader culture while arguing for the dismantling of all forms of oppression. For fans of the original, Bornstein's new material merits a fresh read..."--*Publishers Weekly*, starred review

Cultural theorists have written loads of smart but difficult-to-fathom texts on gender theory, but most fail to provide a hands-on, accessible guide for those trying to sort out their own sexual identities. In *My Gender Workbook*, transgender activist Kate Bornstein brings theory down to Earth and provides a practical approach to living *with* or *without* a gender.

Bornstein starts from the premise that there are not just two genders performed in today's world, but countless genders lumped under the two-gender framework. Using a unique, deceptively simple and always entertaining workbook format, complete with quizzes, exercises, and puzzles, Bornstein gently but firmly guides readers toward discovering their own unique gender identity.

Since its first publication in 1997, *My Gender Workbook* has been challenging, encouraging, questioning, and helping those trying to figure out how to become a "real man," a "real woman," or "something else entirely." In this exciting new edition of her classic text, Bornstein re-examines gender in light of issues like race, class, sexuality, and language. With new quizzes, new puzzles, new exercises, and plenty of Kate's playful and provocative style, *My New Gender Workbook* promises to help a new generation create their own unique place on the gender spectrum.

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### **From reader reviews:**

#### **Henrietta Roderick:**

A lot of people always spent all their free time to vacation or perhaps go to the outside with them household or their friend. Do you realize? Many a lot of people spent that they free time just watching TV, as well as playing video games all day long. If you would like try to find a new activity honestly, that is look different you can read the book. It is really fun to suit your needs. If you enjoy the book you read you can spent all day long to reading a e-book. The book My New Gender Workbook: A Step-by-Step Guide to Achieving World Peace Through Gender Anarchy and Sex Positivity it is rather good to read. There are a lot of individuals who recommended this book. These were enjoying reading this book. When you did not have enough space to bring this book you can buy the particular e-book. You can m0ore simply to read this book from your smart phone. The price is not very costly but this book features high quality.

#### **Ruby Mejia:**

Why? Because this My New Gender Workbook: A Step-by-Step Guide to Achieving World Peace Through Gender Anarchy and Sex Positivity is an unordinary book that the inside of the guide waiting for you to snap this but latter it will distress you with the secret that inside. Reading this book adjacent to it was fantastic author who all write the book in such wonderful way makes the content on the inside easier to understand, entertaining means but still convey the meaning fully. So , it is good for you for not hesitating having this any more or you going to regret it. This phenomenal book will give you a lot of advantages than the other book have got such as help improving your expertise and your critical thinking technique. So , still want to postpone having that book? If I ended up you I will go to the publication store hurriedly.

#### **Vera Pinckney:**

Reading can called head hangout, why? Because when you find yourself reading a book particularly book entitled My New Gender Workbook: A Step-by-Step Guide to Achieving World Peace Through Gender Anarchy and Sex Positivity your mind will drift away trough every dimension, wandering in every aspect that maybe unidentified for but surely can be your mind friends. Imaging every word written in a e-book then become one application form conclusion and explanation in which maybe you never get ahead of. The My New Gender Workbook: A Step-by-Step Guide to Achieving World Peace Through Gender Anarchy and Sex Positivity giving you a different experience more than blown away your brain but also giving you useful info for your better life on this era. So now let us explain to you the relaxing pattern the following is your body and mind will likely be pleased when you are finished reading through it, like winning a sport. Do you want to try this extraordinary shelling out spare time activity?

#### **Earl Casey:**

As a pupil exactly feel bored to help reading. If their teacher requested them to go to the library or to make summary for some publication, they are complained. Just very little students that has reading's spirit or real

their leisure activity. They just do what the professor want, like asked to go to the library. They go to right now there but nothing reading critically. Any students feel that looking at is not important, boring and also can't see colorful photos on there. Yeah, it is for being complicated. Book is very important to suit your needs. As we know that on this age, many ways to get whatever we would like. Likewise word says, many ways to reach Chinese's country. So , this My New Gender Workbook: A Step-by-Step Guide to Achieving World Peace Through Gender Anarchy and Sex Positivity can make you feel more interested to read.

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