



Coaching Youth Basketball: The Guide for Coaches & Parents (Betterway Coaching Kids)

John Mccarthy Jr.

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The Guide for a Fun and Successful Basketball Season!

Do you need some guidance before you start coaching this basketball season? *Coaching Youth Basketball, 3rd edition* gives you everything you need to make this season a success. It covers all of basketball's fundamentals and gives coaching tips for every aspect of the game including:

- dribbling and passing skills
- proper shooting technique for all types of shots
- offensive concepts and plays for beginner and intermediate players
- defensive tactics for getting the ball back
- the responsibilities of centers, forwards, and guards
- how to work together as a team

You'll also find template practice plans you can adjust for your own use, step-by-step drills and plays, conditioning ideas, first aid information, and an explanation of the game's rules. Plus, a glossary and skills checklists at the end of the book help you learn and teach the language and skills of basketball quickly and effectively.

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