



How to Make Group Psychotherapy Work: New Perspectives on Group Therapy

Thomas R. Coleman


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Mental health professionals are often more comfortable and trained to run individual and small group therapy but need training to handle larger groups. This book demonstrates how learning to run larger groups can not only be exciting but also highly therapeutic for all. Included are numerous testimonies from individuals who have benefited from these workshops and examples of individual growth and healing. Edward Lyons, LCSW, LADC, LIS, Chief Clinical Officer and Executive Vice President of Integrity House, Inc. states, "I have seen countless numbers of our clients begin to heal from deep emotional wounds through participation in Dr. Coleman's groups." Pastor Gennie Holt, Newark, NJ, says, "I have worked with Dr. Coleman for several years in many types of groups. I have witnessed people saved from addictions, anxieties, phobias, depression and other issues. I have even seen members of my congregation energized and transformed. I have witnessed people come away from his groups with greater faith, hope and courage."

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