



Counselling and Supporting Children and Young People: A Person-centred Approach

Mark Prever

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Counselling and Supporting Children and Young People is the ideal introduction to counselling and supporting children and young people. Taking a person-centered approach, Mark Prever offers readers a clear understanding of the theory and practice of working with children and young people in difficulty – whether in a therapeutic, school or social work setting. This practical text:

- specifically addresses both the counsellor and the 'helper', who may be unfamiliar with counselling jargon
- contains exercises, points for further thought and discussion, and boxed notes throughout, highlighting exactly how the theory applies to the child or young person
- discusses ethics, the current political agenda and evidence-based practice

This book is a must-read for trainees and professionals working with children and young people in the fields of counselling and psychotherapy, education, mental health, nursing, youth work and social work.

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