



# Zero Belly Smoothies: Lose up to 16 Pounds in 14 Days--and Sip Your Way Lean for Life!

*David Zinczenko*

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**Jumpstart your weight loss, flatten your belly, and seize control of your health and your life—in just 30 seconds!**

That's all the time it takes to blend up a Zero Belly Smoothie—a unique mix of supernutrients that will flatten your gut, boost your metabolism, heal your digestive system, and turn off your fat genes for good.

Zero Belly Smoothies make it easy to start losing weight today! With fat-burning proteins and a specially selected array of high-powered fruits and vegetables, Zero Belly Smoothies—based on the *New York Times* bestseller *Zero Belly Diet*—are the fastest and most delicious ways ever created to sip off the pounds!

With a complete shopping guide, more than one hundred intensely flavorful recipes, and even detailed instructions for a special bonus cleanse program, these creamy and delicious Zero Belly Smoothies will help you

- lose up to 7 pounds in the next 7 days
- melt away stubborn body fat, especially belly fat
- flatten your belly and put an immediate end to bloating and discomfort
- drop pounds and inches fast, without exercise
- turn off your fat-storage genes and make long-term weight loss effortless
- look, feel, and live younger and healthier than ever
- enjoy the absolute healthiest, most nutritious foods and drinks in the universe

*Zero Belly Smoothies* features dozens of recipes that will satisfy whatever flavors you crave—from rich, nutty, chocolatey shakes to crisp, clean green drinks to sweet, fruity smoothies—while helping you burn fat like magic. Whip up a delicious treat today—and watch the pounds melt away!

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