



Directing Your Destiny: How to Become the Writer, Producer, and Director of Your Dreams

Jennifer Grace

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If you were given the chance to write your own future, and direct your own destiny, how would your life change? In this groundbreaking new book, author Jennifer Grace shares her insights—as a classically trained theatrical and SAG actress, screenwriter, and filmmaker—to allow everyone the opportunity to write, produce, and direct the movie of their lives. By following her easy-to-understand method, you will learn to recast your story with people who are in sync with their highest selves, and rewrite scenes to realign with self-love, creativity, peace, and empowerment. By utilizing the Authenticity Frequency Method (AFM) technique Jennifer developed, countless business leaders, artists, and students of all ages and backgrounds have already manifested new careers . . . new realities . . . and all-new lives. With nine gentle daily practices, Jennifer helps you access the authentic emotions you need—week by week—to realize the life you previously only thought was possible in the movies. Here are the tools, the techniques, and the teacher you need to dramatically reimagine your reality. In just 30 days, with a little discipline and diligence, you'll discover how to live in a world of “lights, camera, action” and bring your own new story to life!

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